**SKILL: Modified Valsalva Maneuver**

**LEARNER NAME: DATE: / /**

*\*\*Learner expected to introduce him/herself and ask for consent at all times*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No** | **PERFORMANCE** | **Possible Points** | **Points Obtained** | **Competent** | **Omitted** |
|  | *Preparation* |  |  |  |  |
|  | Determine need for Modified Valsalva Maneuver i.e. stable SVT and the hospital is more than  15 min away |  |  |  |  |
|  | Rule out contra-indications for procedure |  |  |  |  |
|  | Ensure ECG is correctly attached & print a rhythm strip |  |  |  |  |
|  | Establish IV |  |  |  |  |
|  | Prepare cardiac arrest drugs and intubation equipment |  |  |  |  |
|  | Explain procedure to patient |  |  |  |  |
|  | *Modified Valsalva Maneuver* |  |  |  |  |
|  | Position patient in a semi recumbent position |  |  |  |  |
|  | Instruct patient to blow into a 10ml syringe and try move the plunger for 15 seconds |  |  |  |  |
|  | At the end of 15 seconds, remove the syringe |  |  |  |  |
|  | Lay the patient supine and raise the legs to 45° for 15 seconds |  |  |  |  |
|  | Reposition the patient to a semi recumbent position again for at least 45 seconds |  |  |  |  |
|  | Reassess ECG of the patient |  |  |  |  |
|  | If ECG remains as an SVT, repeat after confirming stable vital signs |  |  |  |  |
|  | If successful ECG rhythm conversion occurs, take a complete set of vital signs & print an ECG strip |  |  |  |  |
|  | Be prepared for synchronized cardioversion in the event that the patient becomes unstable |  |  |  |  |

References:

* PHECC

**Overall assessment of learner’s performance:**

**NOT YET COMPETENT**

**COMPETENT**

Assessor Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Qualification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Comments\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_